

Fuel Efficient Driving

CRS4233/897

Course Outline

1) Overview

Fuel Costs, Duty, Operating Costs, Overheads and Vehicle/Traffic Stats

2) Daily Vehicle Checks

DVSA, effective maintenance procedures, tyres, vehicle maintenance

3) Fuel Efficient Driving

Exhibition, effective use of vehicle components and controls SAFED

4) Ergonomic Principles

Cockpit drill, checks for the safety of yourself, any passengers and other road users

5) Forces affecting your vehicle

Aerodynamic principles

6) Route planning

Specific infrastructure, satellite navigation, LLCS

7) Eco Driving

Lower costs, reduced emissions

8) Eco Quiz