

Emergency First Aid at Work CRS6193/897

Course Outline

- 1) Law & Regulations** – including record and report
- 2) Fears of first aid and Personal Safety**
- 3) Contents of the first aid kit, Calling an ambulance, Signs & Symptoms**
- 4) Incident Management**
- 5) Aims & Priorities of First Aid**
- 6) DRAB and AVPU** – primary and secondary survey recovery
- 7) Heart Conditions** – chain of survival
- 8) Survival Rates, Agonal breathing** – AED demonstration and practice
- 9) Choking** – including child and baby
- 10) Fractures** – neck and spine injuries, log roll demonstration
- 11) Strokes** – including TIA head injuries, fits, seizures, epilepsy
- 12) Wounds and bleeds** – including slings
- 13) Sprains, strains**
- 14) CPR Video**
- 15) Course Quiz and Evaluation**